

Okeile Lavar Stewart

Elite Athletic Coach & Sports Performance Specialist

Professional Profile

Okeile Lavar Stewart, a husband and a father is a highly accomplished athletic coach with over 18 years of dedicated experience in developing world-class athletes and fostering peak performance. As the Founder and Head Coach of SWEPT Track and Field Club, he has established himself as one of Jamaica's premier sprint and hurdles specialists, combining extensive international coaching credentials with a proven track record of producing national champions and world-class competitors.

Areas of Expertise

Athletic Coaching & Development

- Sprint and hurdles specialization with USATF Level II certification World Athletics Level II and PANAM Certification
- Comprehensive athlete development from junior to senior elite levels
- Injury prevention, management, and rehabilitation programs
- Performance analysis and personalized training program design

Team Leadership & Management

- Multi-institutional coaching responsibilities across high school, university, and professional levels
- International coaching experience with Jamaica's National Athletic Teams
- Athlete recruitment and team building strategies
- Academic progress monitoring and holistic athlete development

International Experience & Development Work

- Extensive travel with Jamaica's National Teams to Olympic Games, World Championships, and World Relays
- International coaching assignments in South Korea as Sprint Coach For Gyeongsan City
- Global network of athletic professionals and sports science experts
- PAISAC Technical Lecturer: Programme d'appui International au Sports Africain et des Caraïbes - International development through sport initiative based in Canada and Lausanne, specializing in sprint technique education for scholarship coaches across Africa and the Caribbean

Notable Achievements

Stewart's coaching prowess is exemplified through his athletes' remarkable accomplishments:

Current Elite Athletes:

- **Roshawn Clarke:** 2023 Jamaica National 400M Hurdles Champion, World Junior Record Holder, and World Championships and Olympic Finalist
- **Emanuel Archibald:** 2023 CAC 100M Champion and World Championships Semi-finalist
- **Tyquendo Tracey:** Jamaica National 100m Champion, sub-10 second sprinter (9.96 PB), 2018 NACAC Champion

Legacy Athletes:

- **Roshawn Clarke:** 2023 Jamaica National 400M Hurdles Champion, World Junior Record Holder, and World Championships and Olympic Finalist
- **Rushell Clayton:** World Championships Bronze Medalist and PANAM Games medalist
- **Emmanuel Callender:** Olympic and World Championship Games Relay medalist
- **Sheldon Mitchell:** PANAM Games 200M Champion
- **Jaheel Hyde:** Commonwealth Games Silver Medalist and multiple-time Jamaica National Champion

His teams have achieved prestigious victories including PENN Relays Championships and multiple national titles.

Educational Foundation

Stewart combines practical coaching excellence with strong academic credentials:

- **M.A. in Olympic Studies** (2025 Cohort)
- **B.Sc. in Business Administration (Honors)** with Marketing and International Business focus
- Comprehensive coaching certifications from leading international athletic organizations (USATF, World Athletics & PANAM)
- Authorized Athletic Representative status with World Athletics

Current Roles

- **Founder & Head Coach**, SWEPT Track and Field Club (2007-present)
- **Head Coach**, University of the West Indies, Mona (2023-present)
- **Head Coach**, Camperdown High School Track and Field (2015-present)

International Seminars & Capacity Building:

- Technical presentations and workshops across South Korea, Africa, and Caribbean regions
- KNSU International Sports Seminar presenter - "Sport Science for Enhancement of Athletic Performance"
- Capacity building programs for emerging nations' coaching development
- Cross-continental knowledge transfer and best practices implementation

Professional Philosophy

Stewart's approach centers on holistic athlete development, combining technical excellence with mental resilience, academic achievement, and personal growth. His international perspective, gained through coaching in multiple countries and at the highest levels of competition, enables him to prepare athletes not just for success on the track, but for leadership in their communities and beyond.

With a unique blend of business acumen, sports (athletic) knowledge, and hands-on coaching expertise, Okeile Lavar Stewart continues to shape the next generation of athletic champions while contributing to the rich tradition of sprint excellence on the world stage.